

## Programming Options

Low Ropes: Want to take professional development to the next level? Our skilled facilitators will teach the latest in essential skills for effective teams, but we will not lecture you from a projection screen. Your team will be divided into groups of 7-12 participants. These teams will work to overcome team building challenges on the low ropes course. Each challenge is unique and is designed to develop and strengthen communication skills, collaboration, leadership, problem solving skills and more. Tell us what you would like to focus on and we will build a program designed to meet your needs! Have your own professional development curriculum? Share it with us and we will turn it into a fun team building day of experiential learning on the challenge course.

- 3-4 hours
- Minimum: 5 people
- Max: 150 people

The Great Race: Teams will race against each other to overcome challenges and solve puzzles earning them points and winning prizes along the way. Each challenge can only be solved with the use of effective teamwork, leadership, and communication.

- 3-4 hours
- Min: 10 people
- Max: 150 people

Sharpshooter Challenge: Your group will be divided into 2-4 teams. Teams will compete over multiple rounds to overcome team building challenges and then fire arrows at targets for points. Our trained facilitators will provide instruction (no archery experience required), safety, and equipment.

- 2-3 hours
- Minimum: 5 people
- Max: 60 people

Macgyver Challenge: Teams will compete with one another to retrieve prizes or build structures using only the limited supplies they are provided. Our facilitators will debrief the activity to summarize key takeaways and insights from the team's ability to work together effectively.

- 1-3 hours
- Min: 5 people
- Max: 150 people

Escape Room: Teams will race against the clock to escape from their dreaded conference room. Endless powerpoint slides and droning voices play overhead as they work to solve puzzles and overcome challenges to free themselves from the dreaded meeting!

- 1-2 hours
- Minimum: 5 people
- Max: 60 people

The Compass Hunt: Upping the challenge on the traditional scavenger hunt, teams orienteer around the grounds of Airlie to collect clues and find treasure.

- 2 - 3 hours
- Minimum: 5 people
- Max: 60 people

The Domino Effect: Working in small groups, participants collaborate to design an epic domino rally.

- 1 - 2 hours
- Minimum: 5 people
- Max: 60 people

The LEGO Challenge: Teams work together, using LEGO blocks and/or other materials, to complete a number of increasingly difficult problem solving tasks.

- 1 - 2 hours

## Offsite Programs

### Bring Your Team To Verdun!

Low and High Ropes Team Building Extravaganza: Take your team to new heights! Our staff will guide your team through games, initiatives, low rope challenges, and our extensive high ropes course! Finish the day off with our 650' long parallel zip lines! Our highly skilled facilitators will work with your team to ensure safety, to promote essential skill building, and to ensure your team has a blast!

- 5-6 hours
- Min: 10 people
- Max: 100 people

High Ropes Experience: Bring your team out to Verdun for a thrilling experience on our high ropes course! Your team will skip all the low ropes team building and move right to the adventure. Our skilled facilitation staff will guide your team through a combination of our most thrilling high ropes elements. You choose from our Giant Swing, Leap of Faith, 6-element static high ropes course, climbing tower, zip lines, and more! Switch a day in the conference room for a day of fun and excitement on the Verdun Adventure Bound high ropes course.

- 2-4 hours
- Min: 10 people
- Max: 50 people

Kayaking Trip: Our experienced guides will take your team down the Rappahannock or Hazel River on a kayaking/canoeing adventure of your choice. Enjoy a relaxing float through natural countryside or experience a thrill paddling through the Class II+ rapids at Kelly's Ford. We provide lunch along the way, all the equipment, and instruction; no experience necessary. We can provide transportation to and from the river for up to 15 people. For more than 15 people transportation will need to be secured from an outside source and is not included in the price. Options are dependent on river level and weather.

- 4-6 hours
- Min: 5 people
- Max: 20 people (with transportation: max is 15 people)

Rock: Experience some real rock climbing with our experienced guides. We provide all the gear, transportation, and lunch for a trip to Shenandoah National Park. Participants will have the opportunity to enjoy climbing and repelling on a real rock face!

- 5 hours
- Min: 5 people
- Max: 15 people